# White Lotus and Euphoria star Lukas Gage reveals childhood sexual abuse



Actor Lukas Gage, known for his roles in The White Lotus and Euphoria, has publicly shared for the first time the traumatic experience of being sexually abused as a child. In his memoir, I Wrote This for Attention, Gage reveals that when he was just 11 years old, a counsellor at an acting camp sexually abused him. The actor recounted this deeply painful experience during an emotional interview on the Not Skinny But Not Fat podcast with Amanda Hirsch.

'I didn’t even realise it was a thing,' he said. 'I think there’s a real stigma behind it, because I didn’t do anything.' He explained how it was only in his twenties, through therapy, that he could fully grasp what happened. His therapist helped him understand the power imbalance, clarifying, '"You’re in your twenties, this person was in their twenties, would you ever do anything with an 11-year-old?" I’m like, no. No.' This slow recognition of abuse also involved feelings of dissociation: 'I left my body. There was a feeling that I was a willing participant.'

The memoir also documents Gage’s struggle to tell his mother about the abuse. He chose to do so by giving her a copy of the book, fearing the shame that still hangs over such disclosures. 'I sat her down and I was like, "Look, I hate talking about this. I hate having this talk with you. I hate having shame about it because we shouldn’t have shame about it."' Speaking to US Weekly, Gage reflected on how much it hurt to see his mother’s pain but was clear that she was not at fault. 'There was nothing she could’ve done to protect me. The world is a crazy, scary place, and you can only protect your kids so much.'

Humour has been a vital tool for Gage in reclaiming his story and coping with the trauma. He shared on the podcast how he leans into humour to regain power: 'Talking about the molestation, I feel like we [are expected] to be small when we talk about it. For me, that was a way for me to gain my power back... not let it make me feel weak and small and shameful.' He also noted how therapy and open conversations with loved ones have lifted the weight of shame, saying he no longer feels 'like I’m a weird freak that it happened to.'

Gage, who identifies as queer, has also spoken publicly about his journey to embracing his sexuality. He recounted the pivotal realisation during an appearance on the Seek Treatment podcast, revealing a formative relationship with a neighbour that lasted three years. His mother’s support upon learning about his sexuality has been a significant part of his personal and emotional growth.

I Wrote This for Attention is scheduled for publication by Simon & Schuster in October. Gage will be talking about it at the Leicester Square Theatre in London on 28th October. [leicestersquaretheatre.com](https://www.leicestersquaretheatre.com/show/i-wrote-this-for-attention-lukas-gage-in-conversation/)Source: [Noah Wire Services](https://www.noahwire.com)

## Bibliography

1. <https://gayexpress.co.nz/2025/09/white-lotus-star-lukas-gage-reveals-childhood-sexual-abuse-in-new-memoir/?utm_source=rss&utm_medium=rss&utm_campaign=white-lotus-star-lukas-gage-reveals-childhood-sexual-abuse-in-new-memoir> - Please view link - unable to able to access data
2. <https://www.edgemedianetwork.com/story/337571> - Actor Lukas Gage has announced his debut memoir, 'I Wrote This for Attention', set to be published by Simon & Schuster in the fall. The book delves into his upbringing in a San Diego suburb with his single mother and three older brothers, exploring themes such as addiction, sexuality, borderline personality disorder, and his desire to be the centre of attention. The memoir also touches upon his experiences with fame, including a notable incident during a Zoom interview where a director commented on his apartment, leading to a candid response from Gage. The book is available for pre-order now.
3. <https://www.dailymotion.com/video/x9r29oo> - In an emotional interview on the 'Not Skinny But Not Fat' podcast, Lukas Gage revealed that he was sexually abused by a counsellor at an acting camp when he was 11 years old. He recounted the trauma and how it left him feeling dissociated at the time. Gage also shared the difficulty he faced in disclosing the abuse to his mother, eventually giving her a copy of his memoir to read. The conversation highlights the challenges of processing such experiences and the role of therapy and open communication in healing.
4. <https://www.gaytimes.com/culture/lukas-gage-realised-he-was-gay-after-sleeping-with-his-bro-neighbour/> - Lukas Gage discussed his journey to realising his sexuality during an appearance on the 'Seek Treatment' podcast. He recounted a pivotal moment when he auditioned for a role in Sofia Coppola's live-action adaptation of 'The Little Mermaid'. During the audition, he shared a personal story about his relationship with his neighbour, which led to a three-year relationship. Gage also spoke about his mother's supportive reaction upon learning about his sexuality and the challenges of coming out.
5. <https://www.out.com/celebs/lukas-gage-coming-out-story-neighbor-boyfriend> - In a candid interview, Lukas Gage opened up about his coming-out journey and his three-year relationship with his neighbour. He shared how the relationship helped him realise his sexual orientation and the challenges he faced in keeping it a secret. Gage also discussed the support he received from his mother and the importance of authenticity in his personal and professional life.
6. <https://www.metroweekly.com/2024/12/lukas-gage-speaks-on-kit-connors-coming-out-ordeal/> - Lukas Gage expressed empathy for fellow actor Kit Connor, who faced intense scrutiny and criticism after being accused of 'queerbaiting'. Reflecting on the public's demands for actors to disclose their sexual orientation, Gage highlighted the complexities and nuances involved. He also discussed his own experiences with public speculation about his sexuality and the challenges of balancing personal privacy with public visibility.